

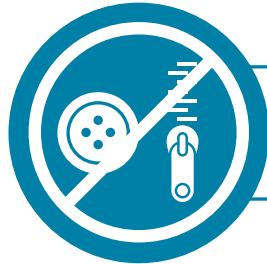
# CHEST X-RAY

We may ask you to have a chest X-ray when you visit our clinic. A chest X-ray is a quick and easy test that takes pictures of your lungs. It helps us learn more about your breathing.

## BEFORE YOUR VISIT

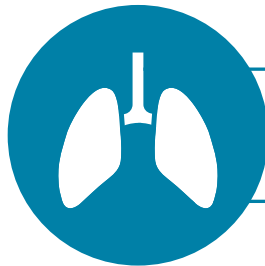


Please tell your doctor if you may be **pregnant** so we can plan for your visit.

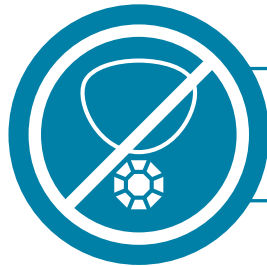


Try to wear a loose-fitting shirt with **no zippers, metal snaps or buttons.** They can blur the images.

## WHILE YOU'RE HERE



During the X-ray, we will ask you to **take a deep breath** and will let you know when to let it out. Special breathing helps us get clear images.



Please **take off any necklaces.** They can blur the images. Other jewelry is okay. **Bras also need to be removed.**



A doctor will talk with you about the **results of your X-ray** after your exam.